

UNIVERSITY OF VIRGINIA

GLOBAL GROUNDS

The mission of Global Grounds' Shared Research and Involvement Lab (Sri Lab) is to enable faculty and students to engage in collaborative interactions to better understand and address challenges of global concern that are faced by concrete communities. In this spirit, Sri Lab encourages intellectual and practical relationships with NGOs, subnational groups, transnational or regional affinity and action groups, new social movements operating on a global, local, or regional scale, and other convergences confronting pressing issues of broad human and environmental concern. As terms of use, *shared research and involvement* emphasize reflexive and cooperative collaboration in the investigation of real-world concerns on an equal, partnering basis.

GLOBAL DEVELOPMENT STUDIES

GDS faculty are dedicated to providing our students with an education that is more than merely practical. We ask about the relationship of local cultures to global economic and political trends, and consider the future of worldwide cultural diversity on an increasingly interconnected planet.

PROJECT RISE



Project RISE is a peer counseling service that was established in 2006 by a small group of Black students.

Peer Counseling is an excellent way to mobilize our innate ability to observe, assess, and react. Most often we employ these skills as survival strategies for ourselves. However, students who learn to employ these skills at the service of others are destined to become greater teachers, parents, workers, co-workers, leaders, and bosses.

Effective observation (listening, watching, and speaking) is an essential skill for all people.

CONTACT INFORMATION

Lake Traverse Reservation

Dustina Gill: sitowiyah@hotmail.com

University of Virginia

Michael Gerard Mason: drhoo@virginia.edu

TRAUMA- INFORMED YOUTH DEVELOPMENT

5 Days of Workshops
Provided **FREE** to Youth
Supporters of the

Lake Traverse Reservation



[\(Click here\)](#)

REGISTRATION REQUIRED

TRAUMA - INFORMED YOUTH DEVELOPMENT

Despite the increased exposure we have to one another's lived experiences via social media, we often are unaware of the actual circumstances each of us endures day to day. We can safely assume, however, that the vast majority of us has endured at least one direct cause of traumatic stress and possibly much more indirectly. As helpers and supporters, we must: **develop the skills to recognize signs of trauma, to teach coping skills to those impacted by it, and to utilize a trauma-first framework to understand behavioral challenges present in many youth and families.**



In partnership with Community members from the Lake Traverse Reservation, a delegation of faculty, staff, and students from the University of Virginia and Charlottesville, VA residents have developed several goals:

1. To better understand the culture and traditions of the SWO Tribe and the role they play in coping with stressors.
2. To explore and name several core issues the youth of SWO face. Listening to the life-narratives provided by multiple sets of stakeholders (educators, health-care providers, Tribal-elders, youth, adults, & families) will help achieve this goal.
3. Develop an approach to Youth development that resonates with the community and the youth it nurtures.
4. Identify, train, and support youth workers in culturally reflective models of youth development that are inherently trauma-informed.

Join us in this great effort to leverage current understanding of Black student coping and success to help support the youth of the SWO Tribe!

PART 1: TRAUMA-INFORMED YOUTH DEVELOPMENT

July 3, 2017: Introduction to Trauma-informed Practices & Creating Opportunities for Understanding Experiences
Youth supporters of the Lake Traverse Reservation.

July 5, 2017: Considerations of Trauma-Informed Educational Practices.



Broad considerations of the Places and Contexts that define the lived experiences of residents of the Lake Traverse Reservation.

PART 2: LEVERAGING CULTURAL PRACTICES AND TRADITIONS

July 6, 2017: Cultural Linkages between Black and Native forms of culturally embedded coping through Trauma.

Exploration of cultural practices and traditions of the Dakotah people (Invited Tribal Elders to facilitate).



Exploration of cultural practices and traditions and their applications to coping with stressors & trauma.

PART 3: TRAUMA INFORMED COPING AND SELF-CARE

July 7, 2017: Consideration of current coping strategies of Youth Supporters. Learn new skills for managing stress and trauma as a means of self-care and caring for others.

July 19, 2017: Reflections on implementation of workshop training and development of next steps.



Learning how to leverage both institutional and emotional resources to take care of one's self while supporting others.